

Annual report 2021-22

People's Action for Rural Advancement & Sustainability- PARAS Foundation

Address- Village Jaiprabha Gram (Bhawaniyapur), Post- Pirkhauri, Block-
Sohawal, Dist- Ayodhya (Uttar Pradesh) India Pin-224126

E-mail- parasfoundation@gmail.com



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From Chief Functionary's desk....



It's a immense pleasure that I am sharing with you, "People's Action for Rural Advancement and sustainability's" (PARAS Foundation) annual report for the year 2021-22.

The farmers, rural women, children and the youth are coming together with the help of the institution, in the mainstream of the society for development and to get a proper livelihood.

I believe that Government, NGO, Political and Social Personnel and the rest should come forward for the welfare of our own people and for our society. The integrated development is only possible when they all come together with same motive and selfless service.

Today my concern is that, the way climate is changing dramatically and we all know who are responsible for this but we have no time to play the blame game or even to sit and think, it's high time to take some action because this is going to affect all, the poor, the wealthy, the young and the elderly, even the coming generations will suffer.

The increase in cases of violence with women, abuse with children and the drop in standard of education also worries me a lot. These are some greatest barriers for the development of our country.

I deeply thank each and every member and volunteers of PARAS Foundation for their hard work, dedication and supportive nature towards the vision of the organization. I am proud of what the organization has achieved during the last few years and extremely excited of what lies ahead in future. I hope for the same support and enthusiasm we will get from you all.

Akata Singh
Chief Functionary

About Organisation

People's Action for Rural Advancement & Sustainability – (PARAS Foundation)was founded in year 2005 in society act by local social worker of PANI Sansthan in village-Jai Prabha Gram (Bhawaniyapur) Post- Pirkhauri Ayodhya .The organization presently has a significant presence in Ayodhya districts of Eastern Uttar Pradesh.

PARAS Foundation is covering work of various social, economic, political and cultural aspects of society.

PARAS Foundation is also developing capacity building of community. The organization also effectively working with rural women, marginal farmers, landless family, children and teenage girls in integrated approach of development . PARAS strengthening capacities of people so that they are able to understand their own situations, recognize their challenges and face them.

Our thematic area is Natural Resource Management, Gender governance, Health and Nutrition, Climate Change, Sustainable Livelihoods, and Integrated Child Development.

Working Approach

Community based institutions: Community Based Institutions is base success so we believe in community participation and collective action.

Community empowerment: Integrated People's development is helpful with empowered community so PARAS foundation mostly believes in Community empowerment.

Stakeholders: Integrated community development is not possible without collaboration with Gram Panchayats (GPs), local stakeholders, government and other local organization so we invite them for the welfare of society.

Action: The strength lies in unity and harmony. We at PARAS Foundation believe in collective action.

Development: The economic, cultural and political issues of the community are interconnected with each other and the PARAS Foundation addressing all for the development of whole.

Quality education – Education is the only way for building a better life, only educated generation can establish empowered atmosphere so PARAS foundation believe in giving quality education.

Vision:

A society living with sustainable livelihood options and has access to their right and entitlements through community action. Improving rural women and Child Education.

Focus area- Livelihood Generation and restoration in rural area, Social Empowerment and Advocacy Maternal & Child care, Child right, Care of Handicaps, Education, Labor right, protecting Environment , Skill development & Training.

Geographical Area: The area PARAS Foundation is covering are Sohawal & Rudauli block of Ayodhya district.

Target group-

- Small and marginal famers
- Women
- Teenage girls
- Dalit
- Drop out girls
- Children
- Land less People

Major ongoing project: Presently PARAS Foundation is working on Three major Projects, Vaccination Project (supported by Azim Premji Foundation)” Strengthening civil society Organisation Towards Fostering Women empowerment in Eastern Uttar Pradesh” (Supported by European Union) & SSP (Subham School Project) supported by Madchenschule Khadigram- Germany.

Outcome of the year

PARAS Foundation is conducting Subham, Strengthening civil society Organisation Towards Fostering Women empowerment in Eastern Uttar Pradesh, India and Vaccination Project in Sohawal and Puredalai block, District- Ayodhya, Barabanki Uttar Pradesh with small and marginal farmer & with women farmers and child the goal of project is- promoting better agriculture practice, protecting environment, women empowerment, Quality education of child and 100% vaccination against Covid-19

Demography:

Total No. of G.P: 53

Total family covered: 6250

Total Farmer Group formed 174

Total FPO formed-01

Total family linked with Farmers group: 5378

Total Nari Sangh – 10

Total family linked with Nari Sangh- 1535

Total covered Drop out girls-18

Strengthen of Agriculture base Livelihood

- ✓ 89 families now permanent adopted multi layer vegetable (Machan) production.
- ✓ 1310 families now, have an increased average income of Rs. 2758 from changed cropping season.
- ✓ 77 acres of land is now covered under rice intensification.
- ✓ 888 farmer families using compost in their land,
- ✓ 25 adopted green manuring.
- ✓ 1130 Farmer families received agriculture scheme benefit.
- ✓ 108 farmer's families started intercropping system for additional income.
- ✓ 270 farmers families received 5th time Paddy form flood effected area.
- ✓ 831 Farmers not burn crop reduce in their farm field so all farmer adopted sugarcane mulching by leaf in total 214

acre..

Agriculture Technologies promoted

- ✓ Intensive vegetable farming using Multilayer Farming (Machan)
- ✓ Intercropping of pulses with sugarcane
- ✓ Crop intensification through Systematic Rice Intensification (SRI) principles
- ✓ Use of bio compost and bio pesticides
- ✓ Several techniques to save water

This year we worked for agriculture based livelihoods in different village of Sohawal block district Ayodhya, and conducted different types of farm demonstrations and farmer trainings.

Women empowerment

PARAS Foundation currently working on EU project with 1535 women in 15 GPs of Sohawal Block district Ayodhya. The objective was effective function of local governance (PRI) to reduce domestic violence, to increase women participation in open meeting of Gram Sabha, regular functioning of PDS shop, Improvement of Government Health services and MNREGA scheme in villages organization currently coordinating to NARI sangh with the help of community level volunteers and WFRCs for sustainability of project goals so we found following results and enterprise development through FPO .

- ✓ Increase 44 women Job cards in MNREGA.
- ✓ Meet out 5 domestic violence cases.
- ✓ 11 Group leaders following MDM and PDS scheme regularly.
- ✓ Increase 55% women participation in open meeting of Gram sabha.
- ✓ 25 Group leaders regular participating in VHND for quality insurance.

- ✓ 241 women give written demand letter to Pradhan's for work in MNREGA.
- ✓ Group Meeting is regular but found decrease participation.

Facilitation to women child health.

Maternal health -Age -15 to 49 We facilitating women under below points-

- Early registration of pregnancies
- 3 complete ANCs
- Identification & referral of HRPs
- Birth preparedness, birth spacing
- Safe deliveries
- PNC and tracking of maternal deaths.
- Access JSY scheme benefit.
- Covid-19 Awareness.

Result

- ✓ Completed 100% registration of pregnancies in AWCs.
- ✓ 98% pregnant women participate in complete ANCs
- ✓ 2 case Identify for referral.
- ✓ 98% Safe deliveries in Hospitals.
- ✓ 122 women received JSY scheme benefit.
- ✓ We have not found 0 covid-19 positive case in this age group.

Child Health Age- 0 to 6 year We are facilitating community under these point-

- Complete immunization
- Growth monitoring
- De-worming and referral of severe underweight
- Immediate and exclusive breastfeeding and supplementary nutrition
- Management of diarrhea and pneumonia
- Management of LBW babies and tracking of U-5 deaths
- Covid-19 Safety.

Result

- ✓ Completed 75% immunization in time schedule
- ✓ 100 kit distributed for De-worming by health worker and 2 child refer for underweight
- ✓ 11 case find out of diarrhea by health worker and refer to hospital.
- ✓ We have not found 0 covid-19 positive case in this age group.
- ✓ We have not found any positive case in this age group.

Adolescent health Age- 15 to 19 year We are facilitating to community under this point-

- Tracking of anemia
- IFA & de-worming
- Menstrual hygiene
- Delayed age of marriage.
- Covid-19 Safety.

Result

- ✓ Find out 31 Adolescent under anemia and provide to all iron tablets by health worker.
- ✓ 44 kit distributed by health worker for de-worming
- ✓ 135 Adolescent participated in hygiene meetings by online platform.
- ✓ Not find any case under age of marriage.
- ✓ We have not found any positive case in this age group.

Environmental health- We are promoting community the points below:

- Kitchen garden.
- Safety of drinking water source.
- Tree plantation.
- Garbage management.
- Stop burning of farm reduce.
- Improve soil health.

Result

- ✓ 744 family have Kitchen garden.
- ✓ 58 source of drinking water has been cleaned by community.
- ✓ 12 families prepare shock pit for Garbage water management.
- ✓ 1245 Farmer were prevented for burning farm reduce.
- ✓ We have insured 100% vaccination in 14 GPs of Block Puredalai- BARABANKI

Better education better life!

PARAS Foundation is operating Junior high school for 3 -14 year age group and running classes from 1st to 8th total Registered numbers of 103 children. We are providing free education to 8 children. English, hindi, Math and computer are some major subjects, and 18 drop out girls are also reading at our school.

Capacity building of community

Training of Farmers – We organized Women farmers trainings with Covid-19 protocol for capacity building and to adopt improved technology also motivate them for water saving agriculture practice, Water resource management , tree plantation and market assessment.

- ✓ Number of training –85
- ✓ Number of women farmers participation- 2478
- ✓ Technique adopt as per training-278
- ✓ Male participation- 1248

Training of SHG leaders- PARAS foundation organized training for WFG (Women Farmer Group) leader's for management of their groups, record keeping & leadership skill development for 69 selected WFGs.

- ✓ Number of training – 45
- ✓ Number of SHG leaders participation- 1018
- ✓ WFG management & record keeping started- 28

Interface between Government officers and WFGs women- This interface was organized with rural women for the knowledge about their right, leadership, Nari sangh management, and various government scheme.

- ✓ Number of interface – 4
- ✓ Number of WFGs member participate- 89
- ✓ Number of Government officials participated-29
- ✓ Number of raised their voices in interface to catalyze realization of their entitlements of right to work, right to food and right to health- 10

Extension of People's institution

To ensure the sustainability of this progressive movement, PARAS believes in creating institutions that are owned and managed by people themselves. They have a scope of self empowerment once they have the necessary skills and confidence along with access and control over resources; and they will manage to find new ways of heading forward.

Nari Sanghs- Collectives of women at the village block and district level that came into existence for their rights and entitlements.

Women Farmer Resource Centre- That provides farmers with appropriate inputs and technologies in village level for sustainable agriculture.

Collaboration with Government schemes

Soil testing – 111 sample

Mobilize hybrid paddy seed from agriculture department- 87 kg

Mobilize Wheat seed from agriculture department – 700 kg

Vermi compost from Agriculture department – 5

Bottle gourd seed from horticulture department- 0.5 kg

Bitter gourd seed from horticulture department- 0.75 kg

Garlic seed from horticulture department- 30 kg

Our visitors

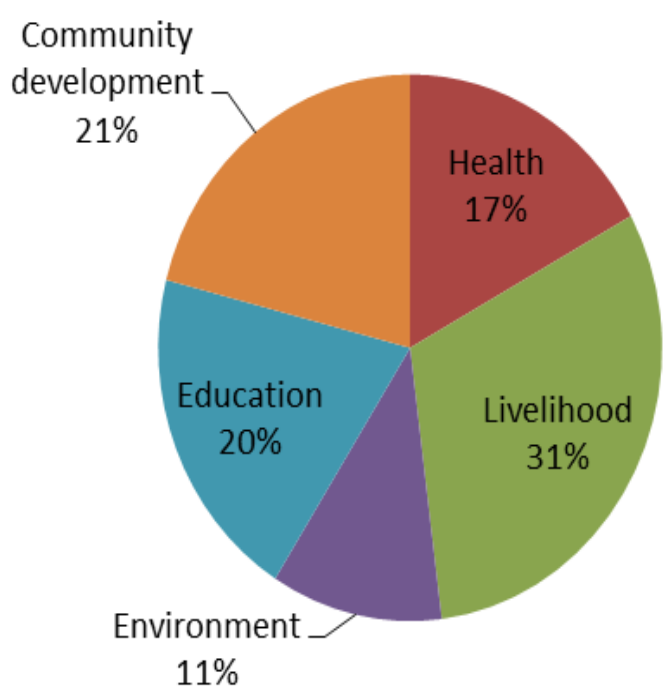
- ✓ Child Fund India
- ✓ Project Director –ATMA
- ✓ Scientist – Krishi vigyan Kendra -Masaudha
- ✓ Program manger – PANI Sansthan
- ✓ LIC foundation –Mumbai
- ✓ Additional Development officer- Agriculture

Financial status

Accountability and Transparency

INTERNAL AUDIT	BUDGETING & CONTROL	REPORTING
Conducted by an independent, external agency to ensure compliance with applicable regulations	Budgets for every activity are submitted separately to the Donors and are monitored by Senior Level Management & Finance Team..	We ensure monthly reviews of financial reports in order to identify errors and Inconsistencies.

Finance Utilization Status



Photographs





गणद एव जागृकता तयात उकर प्रवरा

पर्यावरण दिवस पर गोष्ठी आयोजित

चेतना समाचार सेवा
सोहावल। पारस फाउंडेशन द्वारा नारी सशक्तिकरण व पर्यावरण दिवस पर गोष्ठी का आयोजन किया गया। मुख्य अतिथि पत्रकार अशोक मिश्रा, सहायक विकास अधिकारी पि सुनील प्रताप सिंह, संस्था सचिव एकता सिंह ने दीप प्रज्वलित कर कार्यक्रम को शुरुआत की। शासन द्वारा महिलाओं को समृद्धशाली बनाने के लिए किये जा रहे उपायों की गहन चर्चा करते हुए एकता सिंह ने बताया कि पुरुषों के समान अधिकार देने के लिए कई कारगर योजनाएं शुरू की गई हैं। महिलाओं को गांव पंचायत स्तर से लेकर खेती किसानों में हाथ बंटाने, रोजगार में समान अधिकार के लिए शिक्षण प्रशिक्षण का काम पंचायत स्तर से लेकर निजी संस्थानों व शिक्षा तथा संसाधनों की जानकारी से प्रशिक्षित



किया जा रहा है। इस मौके पर 15 ग्राम पंचायतों से लगभग 1501 महिलाओं को पर्यावरण दिवस पर पौध रोपण के लिए नीबू, सहजन आदि पौधे वितरित किये गये तथा प्रशिक्षण में सफल महिलाओं को शिल्ड देकर सम्मानित किया गया। इस मौके पर रोहित सिंह, राजकुमार, भवानी फेर, तेजबहादुर सहित संस्था के सभी कर्मी मौजूद रहे।

पारस फाउंडेशन के बैनर तले नारी सशक्तिकरण व पर्यावरण दिवस की गोष्ठी का किया गया आयोजन

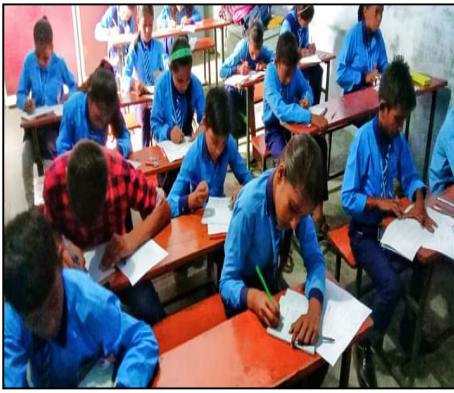
गौरव मिश्रा, एडिटर मैसेजर नेटवर्क

सोहावल -अयोध्या। पारस फाउंडेशन द्वारा नारी सशक्ति करण प्रयावरण दिवस पर गोष्ठी का आयोजन किया गया। कार्यक्रम मुख्य अतिथि पत्रकार अशोक मिश्रा, सहायक विकास अधिकारी कृषि सुनील प्रताप सिंह, संस्था सचिव एकता सिंह, ने दीप प्रज्वलित कर कार्यक्रम की शुरुआत की। शासन द्वारा महिलाओं को समृद्धशाली बनाने के लिए किये जा रहे उपायों की गहन चर्चा करते हुए एकता सिंह ने बताया कि पुरुषों के समान अधिकार देने के लिए कई कारगर योजनाएं शुरू की है। महिलाओं को गांव पंचायत स्तर से लेकर खेती किसानों में हाथ बटाने रोजगार में समान अधिकार के लिए शिक्षण प्रशिक्षण का काम



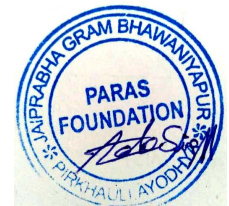
पंचायत स्तर से लेकर निजी संस्थानों से शिक्षा तथा मिलने वाले संसाधनों की जानकारी से प्रशिक्षित किया जा रहा है। इस मौके पर 15ग्राम पंचायतों से लगभग 1501 महिलाओं को प्रयावरण दिवस पर पौध रोपण के लिए नीबू, सहजन आदि पौधे वितरित किये गये। तथा प्रशिक्षण में सफल महिलाओं को शिल्ड वस्त्र देकर सम्मानित किया गया। इस मौके पर रोहित सिंह राजकुमार भवानी फेर तेजबहादुर सहित संस्था के सभी कर्मी मौजूद रहे।





Our funder

- ❖ European Union
- ❖ Madchenschule Khadigram- Germany.
- ❖ Azim Premji Foundation



Akta singh
01/05/2022