

Annual report 2016-17

People's Action for Rural Advancement & Sustainability- PARAS Foundation



Address- Village Jaiprabha Gram (Bhawaniyapur), Post- Pirkhauli,
Block- Sohawal, Dist- Faizabad (Uttar Pradesh) India Pin-224126
E-mail- parasfoundation@gmail.com

CONTENTS

SL	CONTENTS	Page No.
1	From Chief Functionary's desk	3
2	About Organisation	4
3	Our Approach	4
4	Vision	5
5	Focus area	5
6	Geographical Area	5
7	Target group	5
8	Major ongoing project	6
9	Outcome in this year	6
10	Demography	6
11	Strengthen of Agriculture base Livelihood	6-7
12	Agriculture Technologies promoted	7
13	Women empowerment	8
14	Facilitation to women child health	8-10
15	Environmental health	10
16	Education	10
17	Capacity building of community	11
18	Extension of People's institution	12
19	Collaboration with Government schemes	12
20	Our visitors	12
21	Financial status	13-14
22	Photograph gallery	15-17
23	Our funder	18

From Chief Functionary's desk....



It's a immense pleasure that I am sharing with you, "People's Action for Rural Advancement and sustainability's" (PARAS Foundation) annual report for the year 2016-17.

The farmers, rural women, children and the youth are coming together with the help of the institution, in the mainstream of the society for development and to get a proper livelihood.

I believe that Government, NGO, Political and Social Personnel and the rest should come forward for the welfare of our own people and for our society. The integrated development is only possible when they all come together with same motive and selfless service.

Today my concern is that, the way climate is changing dramatically and we all know who are responsible for this but we have no time to play the blame game or even to sit and think, it's high time to take some action because this is going to affect all, the poor, the wealthy, the young and the elderly, even the coming generations will suffer.

The increase in cases of violence with women, abuse with children and the drop in standard of education also worries me a lot. These are some greatest barriers for the development of our country.

I deeply thank each and every member and volunteers of PARAS Foundation for their hard work, dedication and supportive nature towards the vision of the organization. I am proud of what the organization has achieved during the last few years and extremely excited of what lies ahead in future. I hope for the same support and enthusiasm we will get from you all.

Akata singh
Chief Functionary

About Organisation

People's Action for Rural Advancement & Sustainability – (PARAS Foundation) was founded in year 2005 in society act by local social worker of PANI Sansthan in village-Jai Prabha Gram (Bhawaniyapur) Post- Pirkhauri Faizabad .The organization presently has a significant presence in Faizabad districts of Eastern Uttar Pradesh.

PARAS Foundation is covering work of various social, economic, political and cultural aspects of society.

PARAS Foundation is also developing capacity building of community. The organization also effectively working with rural women, marginal farmers, landless family, children and teenage girls in integrated approach of development . PARAS strengthening capacities of people so that they are able to understand their own situations, recognize their challenges and face them.

Our thematic area is Natural Resource Management, Gender governance, Health and Nutrition, Climate Change, Sustainable Livelihoods, and Integrated Child Development.

Working Approach

Community based institutions: Community Based Institutions is base success so we believe in community participation and collective action.

Community empowerment: Integrated People's development is helpful with empowered community so PARAS foundation mostly believes in Community empowerment.

Stakeholders: Integrated community development is not possible without collaboration with Gram Panchayats (GPs), local stakeholders, government and other local organization so we invite them for the welfare of society.

Action: The strength lies in unity and harmony. We at PARAS Foundation believe in collective action.

Development: The economic, cultural and political issues of the community are interconnected with each other and the PARAS Foundation addressing all for the development of whole.

Quality education – Education is the only way for building a better life, only educated generation can establish empowered atmosphere so PARAS foundation believe in giving quality education.

Vision:

A society living with sustainable livelihood options and has access to their right and entitlements through community action. Improving rural women and Child Education.

Focus area- Livelihood Generation and restoration in rural area, Social Empowerment and Advocacy Maternal & Child care, Child right, Care of Handicaps, Education, Labor right, protecting Environment , Skill development & Training.

Geographical Area: The area PARAS Foundation is covering are Sohawal & Rudauli block of Faizabad district.

Target group-

- Small and marginal famers
- Women
- Teenage girls
- Dalit
- Drop out girls
- Children
- Land less People

Major ongoing project: Presently PARAS Foundation is working on three major Projects, Sujalam Sufalam (supported by Tata trust) and FASAL-2 (supported by Hindustan Uniliver Foundation) ERW “Empower to Rural Women” (supported by MISEREOR, Germany) & SSP (Subham School Project) supported by Madchenschule Khadigram- Germany.

Outcome of the year

PARAS Foundation is conducting Sujalam Sufalam, ERW and FASAL-2 Project in Sohawal and Rudauli block, District- Faizabad, Uttar Pradesh with small and marginal farmer & with women the goal of project is- promoting better agriculture practice, protecting environment and women empowerment.

Demography:

Total No. of G.P: 44

Total family covered: 5034

Total Farmer Group formed 104

Total family linked with Farmers group: 2028

Total Nari Sangh – 10

Total family linked with Nari Sangh- 1535

Total covered Drop out girls-30

Strengthen of Agriculture base Livelihood

- ✓ 267 families now adopted multi layer vegetable (Machan) production.
- ✓ 1203 families now, have an increased average income of Rs. 2607 from changed cropping season.
- ✓ 497.5 acres of land is now covered under rice intensification.

- ✓ 603 farmer families using compost in their land,
- ✓ 210 adopted green manuring.
- ✓ 213 Farmer families received agriculture scheme benefit.
- ✓ 930 farmer's families started intercropping system for additional income.
- ✓ 80 farmers families received third time Paddy form flood effected area.
- ✓ 22 Farmers families started seed production of Dhaincha.

Agriculture Technologies promoted

- ✓ Intensive vegetable farming using Multilayer Farming (Machan)
- ✓ Intercropping of pulses with sugarcane
- ✓ Crop intensification through Systematic Rice Intensification (SRI) principles
- ✓ Seed Production of field crops and dhaincha
- ✓ Use of compost and bio pesticides
- ✓ Plantation of firewood and fodder plants on field bunds
- ✓ Several techniques to save water

This year we worked for agriculture based livelihoods in different village of Sohawal and Rudauli block district Faizabad, and conducted different types of farm demonstrations and farmer trainings.

Women empowerment

PARAS Foundation is working with 1535 women under ERW project in 10 GPs of Rudauli Block district Faizabad. The objective was effective function of local governance (PRI) to reduce domestic violence, to increase women participation in open meeting of Gram Sabha, regular functioning of PDS shop, Improvement of Government Health services and MNREGA scheme in villages.

- ✓ Increase 1355 women Job cards in MNREGA.
- ✓ Meet out 33 domestic violence cases.
- ✓ 45 Nari sangh leaders checking MDM and PDS scheme regularly.
- ✓ Increase 60% women participation in open meeting of Gram sabha.
- ✓ 30 Nari sangh leaders regular participating in VHND for quality insurance.
- ✓ 2256 women give written demand letter to Pradhan's for work in MNREGA.
- ✓ 1 MLA Participated in Nari sangh's events like meetings.
- ✓ Nari sangh Meeting is regular.

Facilitation to women child health.

Maternal health -Age -15 to 49 We facilitating women under below points-

- Early registration of pregnancies
- 3 complete ANCs
- Identification & referral of HRPs
- Birth preparedness, birth spacing
- Safe deliveries
- PNC and tracking of maternal deaths.
- Access JSY scheme benefit.

Result

- ✓ Completed 100% registration of pregnancies in AWCs.
- ✓ 99% pregnant women participate in complete ANCs
- ✓ 8 case Identify for referral.
- ✓ 98% Safe deliveries in Hospitals.
- ✓ 195 women received JSY scheme benefit.

Child Health Age- 0 to 6 year We are facilitating community under these point-

- Complete immunization
- Growth monitoring
- De-worming and referral of severe underweight
- Immediate and exclusive breastfeeding and supplementary nutrition
- Management of diarrhea and pneumonia
- Management of LBW babies and tracking of U-5 deaths

Result

- ✓ Completed 90% immunization in time schedule
- ✓ 70 kit distributed for De-worming by health worker and 7 child refer for underweight
- ✓ 18 case find out of diarrhea by health worker and refer to hospital

Adolescent health Age- 15 to 19 year We are facilitating to community under this point-

- Tracking of anemia
- IFA & de-worming
- Menstrual hygiene
- Delayed age of marriage.

Result

- ✓ Find out 72 Adolescent under anemia and provide to all iron tablets by health worker.
- ✓ 69 kit distributed by health worker for de-worming
- ✓ 303 Adolescent participated in hygiene meetings.
- ✓ Not find any case under age of marriage.

Environmental health- We are promoting community the points below:

- Kitchen garden.
- Safety of drinking water source.
- Tree plantation.
- Garbage management.

Result

- ✓ 913 family have Kitchen garden.
- ✓ 46 source of drinking water has been cleaned by community.
- ✓ 291 Tree plantation.
- ✓ 72 families prepare shock pit for Garbage water management.

Better education better life!

PARAS Foundation is operating Primary school for 3 -11 year age group and running classes from nursery to 5th total numbers of 31 children. Admission in this year is 248 from near villages. English, hindi, Math and computer are some major subjects, and 30 drop out girls are also reading our school.

Capacity building of community

Training of Farmers – We organized farmers trainings for capacity building and to adopt improved technology also motivate them for water saving agriculture practice, Water resource management , tree plantation and market assessment.

- ✓ Number of training – 104
- ✓ Number of farmers participation- 1940
- ✓ Technique adopt as per training- 1460
- ✓ Women participation- 1131

Training of SHG leaders- PARAS foundation organized training for SHG (Self Help Group) leader's for management of their groups, record keeping & leadership skill development for 35 selected SHGs.

- ✓ Number of training – 3
- ✓ Number of SHG leaders participation- 105
- ✓ SHG management & record keeping started- 21

Training of NARI sangh- This training was organized with rural women for the knowledge about their right, leadership, Nari sangh management, and various government scheme.

- ✓ Number of training – 5
- ✓ Number of Nari Sangh member participate- 270
- ✓ Number of Nari sangh member raised their voices in Gram Sabhas to catalyze realization of their entitlements of right to work, right to food and right to health- 103

Training of adolescent girls- we organize regular weekly training of adolescent girls for develop their vocational skills, safety and hygiene. And trained them in beautician.

- ✓ Number of adolescent girls - 13
- ✓ Number of adolescent girls learned beautician-13

Extension of People's institution

To ensure the sustainability of this progressive movement, PARAS believes in creating institutions that are owned and managed by people themselves. They have a scope of self empowerment once they have the necessary skills and confidence along with access and control over resources; and they will manage to find new ways of heading forward.

Nari Sanghs- Collectives of women at the village block and district level that came into existence for their rights and entitlements.

Farmer Resource Centre- That provides farmers with appropriate inputs and technologies in village level for sustainable agriculture.

Collaboration with Government schemes

Soil testing – 408 sample

Mobilize hybrid paddy seed from agriculture department- 21 kg

Mobilize Wheat seed from agriculture department – 21000 kg

Vermi compost from horticulture department – 2

Bottle gourd seed from horticulture department- 10 kg

Bitter gourd seed from horticulture department- 12 kg

Garlic seed from horticulture department- 80 kg

Solar pump from agriculture department-1

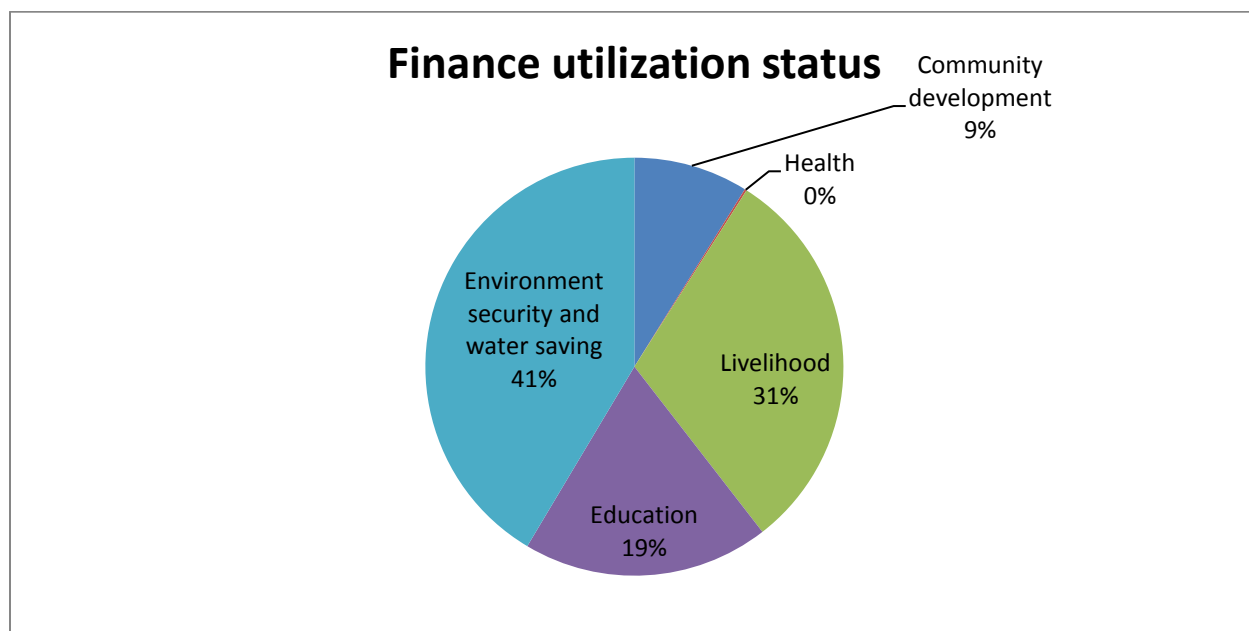
Number of drip from horticulture department- 6

Number of sprinkler from horticulture department- 1

Our visitors

- ✓ Deputy Director of Agriculture-Faizabad
- ✓ Joint director agriculture –Lucknow
- ✓ Project Director –ATMA
- ✓ Scientist – Krishi vigyan Kendra -Masaudha
- ✓ Program manger – PANI Sansthan
- ✓ Representatives of Hindustan unilever foundation –Mumbai
- ✓ Representatives of TATA trust- Mumbai.
- ✓ Additional Development officer- Agriculture
- ✓ Funder - Madchenschule Khadigram- Germany

Financial status



Accountability and Transparency

INTERNAL AUDIT	BUDGETING & CONTROL	REPORTING
Conducted by an independent, external agency to ensure compliance with applicable regulations	Budgets for every activity are submitted separately to the Donors and are monitored by Senior Level Management & Finance Team..	We ensure monthly reviews of financial reports in order to identify errors and Inconsistencies.

Photograph gallery







Our funder

- ❖ Tata trust- Mumbai
- ❖ Hindustan Unilever Foundation- Mumbai
- ❖ MISEREOR- Germany
- ❖ Madchenschule Khadigram- Germany



Akata singh

01/05/2017